



| Fresh |
Flavorful | Wholesome

SEVA (say-va)

For us this means “to serve” - combining the dignity of hard work and nourishment. We are pleased to serve you.

Help yourself to the complimentary Chai tea.

- ◆ Please let us know if you have any dietary preference
- ◆ Vegan and gluten-free variations are available

Starters



Veggie Pakora | Traditionally spiced, onion, spinach, and bell pepper fritters (6pc) | 6.75



Golgappa
One of the most popular food snacks in India. Puffed crispy wheat shells filled with house sauce | 5.75



Fish Pakora
Fish (swai) fritters served with house sauce | 8.90



Chana Salad
Refreshing and flavorful garbanzo bean salad | 4.5

Coconut Soup
A creamy sweet milky coconut soup | 4.90

Dal Soup
Traditionally spiced lentils and veggie soup | 6.50

Raita Yogurt-cucumber sauce | 2.50

Chicken Drumsticks | 2pc | 6.75



Seva Garden Salad
Must Enjoy | a colorful mix | 6.50
Vegan house dressing available

Dietitian Approved Meals

Lean and Light Seva Squash | 20

Fresh Butternut Squash, along with bell peppers, garbanzo beans, almonds, cashews, and raisins simmered in our house sauce, spiced to order, served with fresh fruit and traditional lentil daal

Vegetarian | Gluten-free | Low Calorie | Fiber Rich

Calories 548
Fat 28 g
Saturated Fat 15 g
Cholesterol 85 mg
Total Carbohydrates 67g
Sugar 12g
Fiber 13
Protein 12g



Lean and Light Chicken Tandoori | 20

Chicken breast marinated in live yogurt cultures along with spices. It is broiled to perfection in our clay oven (Tandoor) and spiced to your order. Served with fresh fruit and traditional lentil daal

Low-fat | Gluten-free | Low-carb | Low Calorie

Calories 455
Total Fat 11g
Saturated Fat 1.6g
Total Carbohydrates 26g
Fiber 5g
Sugar 12g
Protein 60g



Gluten-free options may have traces of gluten since everything is prepared in the same kitchen. We reserve the right to refuse service to anyone without explanation.

Entrees

All entrees are served with basmati rice. You may ask for vegan options.

Paneer (homemade soft cheese) | 15.75

Butternut Squash | 14.75

Vegetables | 14.75

Chicken | 15.75

Fish | swai | 16.75

Masala | "The Leader" | Simmered in a mild aromatic tomato-based sauce with herbs and spices. Sauce only available. May request adding veggies. See on right!

Rogan Josh | chef's favorite | Flavorful curried sauce of yogurt and herbs. Meats only.

Butter Style | Simmered in a coconut-tomato based creamy sauce with herbs and spices

Bombay | Sweet chili sauce of onion, garlic, ginger, and spices

Korma | Simmered in a mildly seasoned sauce with almonds, cashews, raisins and herbs

Kadahi | Sautéed with onion, bell peppers, garlic, ginger, spices and herbs with a touch of soy sauce. Meats only.



Masala

Regional Entrees | 14.75 | Vegan optional

Matar Paneer | Fresh green peas prepared in a classic Punjabi curry style. Request adding potato or paneer.

Chana Masala | Chickpeas prepared in a classic Punjabi curry style. Request adding potato or paneer. Served with Raita.

Gobi Manchurian | Cauliflower fritters delicately tossed in a tangy sauce with garlic, herbs and spices. Request adding potato, paneer or chickpeas.

Saag | Steamed spinach and mustard greens in a mild creamy house sauce. May add chickpeas or paneer. Served with Raita.

Daal | Steamed and garnished lentil. Choose whole (black) or split (yellow) lentils. Served with Raita.

Tandoori Entrees

Marinated in live yogurt culture along with herbs. Cooked and spiced to order. Garnished with sautéed veggies.



Fish (swai) Tandoori | 16.75



Chicken Tikka (breast) | 15.75

Freshly baked breads

Nan is leavened, flatbread. It is baked in our clay oven. It contain eggs.

- Plain Nan | 2.90
- Garlic Nan | 3.75 | **most popular**
- Spinach-cheese Nan | 4.95
- Fresno Nan - with nuts and raisins | 4.50
- Seva Special Nan - with fresh spinach, cheese, roasted chicken and onions. Served with raita | 5.95
- Roti - whole wheat, unleavened, freshly baked in tandoor, vegan optional | 2.90
- Gluten-free Roti - Unleavened, flatbread, in baked tandoor, vegan optional | 4.35

Mango Lassi

Mango-yogurt cold drink

| **most popular** | 3.25



- ♦ Cold Indian beer in Frozen Mugs
- ♦ Red and White Wine is available